

## NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

## Preserve, Protect & Promote

December 2014

No 5 Issue 12



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Newsletter of the Association of Professional Independent Scientologists

FREE THETAN

# **FREE THETAN**

#### NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

FREE THETAN	Important Note
Volume 5 Issue 12 December 2014	
Editor in Chief	
Michael Moore	
Contributors	In studying Dianetics and Scientology be very,
L. Ron Hubbard	very certain you never go past a word you do
Michael Moore Sebastian Tombs	
	not fully understand.
Harry Seldon	
And many others	
Advertising	The only reason a person gives up a study or
Technical Author Services Pty Ltd	The only reason a person gives up a study or
http://authorservices.org	becomes confused or unable to learn is that
The FREE THETAN is the monthly Newsletter of the Association of Professional Independent Scientolo-	he or she has gone past a word or phrase that
gists It is available as a free download from the APIS	was not understood.
website or by subscription.	
The Association of Professional Independent Scientol-	
ogists is the operating name of the International	
Freezone Association Inc, a duly registered non profit	Trying to read past a misunderstood word
association registered in the State of Delaware, USA.	results in mental "fogginess" and difficulty in
Postal address:	
43926 33rd Street West	comprehending the passages which follow. If
Lancaster, California, 95618.	you find yourself experiencing this, return to
USA	the last portion you understood easily, locate
Website:	the misunderstood word and get it defined
independent-scientologists-association.net	_
Email address:	correctly—and then go on.
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The Members Quarterly Journal of the

Association of professional Independent Scientologist

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#### Dear Reader,

And so we come to the end of another year. Another orbit round this rather small sun in the outer suburbs of this galaxy.

We have continued to move up, despite hindrances and stops on the way while the church continues to deteriorate under the suppression of the current incumbent.

Ron said that there is no more deadly way to get even with a suppressive or an antagonistic person or a downgrading society than by flourishing and prospering, and this is so true.

The way to do that is to disseminate the philosophy and technology. The knowledge that was hard won over many years. Enlighten people. Increase their awareness. Create a save environment around you that spreads far and wide.

*"My own philosophy is that one should share what wisdom one has and should help others to help themselves. I have never seen wisdom do any good kept to oneself."* —*"The Goal of Training," THE AUDITOR 27* 

Lets make 2015 the year of dissemination and enlightenment.

The next issue will be in January 2015.

May you Flourish and Prosper.

Much arc,

Michael Moore Editor

## The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not yette Ron Hubbard is the most vital moveappear to be following these aims fully. Therefore ment on Earth today. In a troubled world, it behooves us to take some responsibility and set the job of promoting and applying this out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

## The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and ap- As Ron says: plication of the technology to the point where people can live their lives in peace "Man suspects all offers of help. He has and security and without war or insanity often been betrayed, his confidence shatand where they can honestly flourish and tered. Too frequently he has given his prosper and attain higher levels of spiritu- trust and been betrayed. We may err, for al being.

APIS is non political in nature and wel- long as you are one of us. comes any individual of any creed, race or nation.

APIS does not seek revolution. APIS And may a new day dawn for you, for seeks only to assist in paving the way for those you love and for man. evolution to higher states of being for the individual and for society. After endless Our aims are simple, if great. millennia of ignorance about himself, his mind and the universe, a breakthrough And we will succeed, and are succeeding has been made for man by Lafayette Ron at each new revolution of the Earth. Hubbard with the philosophy and the technology he developed to free man Your help is acceptable to us. from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand 'The Aims of Scientology' -- Lafayette Ron years of thinking men, distilled and ampli- Hubbard fied by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafatechnology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

we build a world with broken straws. But we will never betray your faith in us so

The sun never sets on Scientology.

Our help is yours."

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## **CERTIFIED AUDITORS & GROUPS**

## This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See <u>Certification</u> for further details. They have passed stringent testing by senior technically qualified people as per the <u>certification process</u>.

#### Canada Toronto

Chris Black. Class VIII C/S, KOT, Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more. standardtechauditor@yahoo.ca

#### USA

South East Karen de la Carriere. Class XII LRH Trained Class XII C/S Delivers: L's, NOTs, and entire Bridge Karendelac@gmail.com

Southern Cal tech Team **Standard LRH Bridge** Training, Auditing & C/Sing Specializing in OT and NOTs levels <u>scttservices@gmail.com</u>

#### Los Angeles, California

Trey Lotz Class VIII Delivers: Standard LRH Bridge up to Clear, NOTs, Ls Trey Lotztrey@relaypoint.net

Ian Waxler Class VIII C/S with Honors Auditing and C/Sing all old LRH Bridge info@adcian@yahoo.com

Ingrid Smith From Life repair to OT4 ingridsmith123@yahoo.com

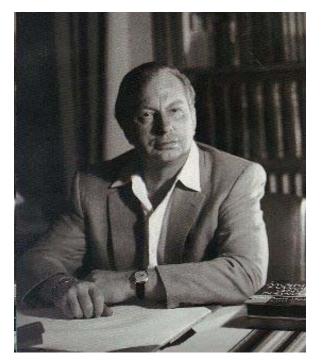
Silvia Llorens All Standard Bridge sllorens71@gmail.com

Scotland Ken Urquhart. Class IV Advance Courses Specialist. Class IX Delivers: Internships, apprenticeships and Okay-to-Audits Class V Ken Urquharturq@verizon.net

Non certified and pending auditors, groups and organizations can be found on the <u>auditors page</u>. APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

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P.A.B. No. 104 PROFESSIONAL AUDITORS' BULLETIN The Oldest Continuous Publication in Dianetics and Scientology From L. RON HUBBARD Via The Hubbard Communications Office 35/37 Fitzroy Square, London, W.!

## DISSEMINATION

It's rather a joke to learn something one knew years ago. In this case the datum concerns dissemination. I, of all people, had to find out that *books* sold Scientology.

How does one actually get the subject around in his area? He sells books and more books. How? In small magazines and shopping weeklies. What books? Books on Dianetics and Scientology.

Why? People have agreed that books can be believed. If it is printed it is true.

People don't believe people. They believe books.

How did we learn this? In the winter of 55-56 London had a slump. For eight months we tried to send out enough circulars and place "goodwill ads" about Scientology training and processing but the level of activity of London *did not* change despite these campaigns. Then I found that coincident with the slump all Dianetics and Scientology books had disappeared out of the bookstores and hadn't been put back.

The moment books went back into bookstores and into public circulation (with the publication of "Scientology, The Fundamentals of Thought") the London "slump" vanished. The identical thing happened in the US with the same results.

In other words, no amount of talking or Personnel Efficiency or goodwill -ads made these two large central organizations function. *But* a few books did!

Well, even after the wonderful example of 1950, I hadn't learned that books sold the subject-that auditors and clinics were as successful as books we sold. But we know it now. Sell books. That's the answer to a good practice or group.

How? The most successful method seems to be placing ads for books in small magazines so that people can send their money in and get one.

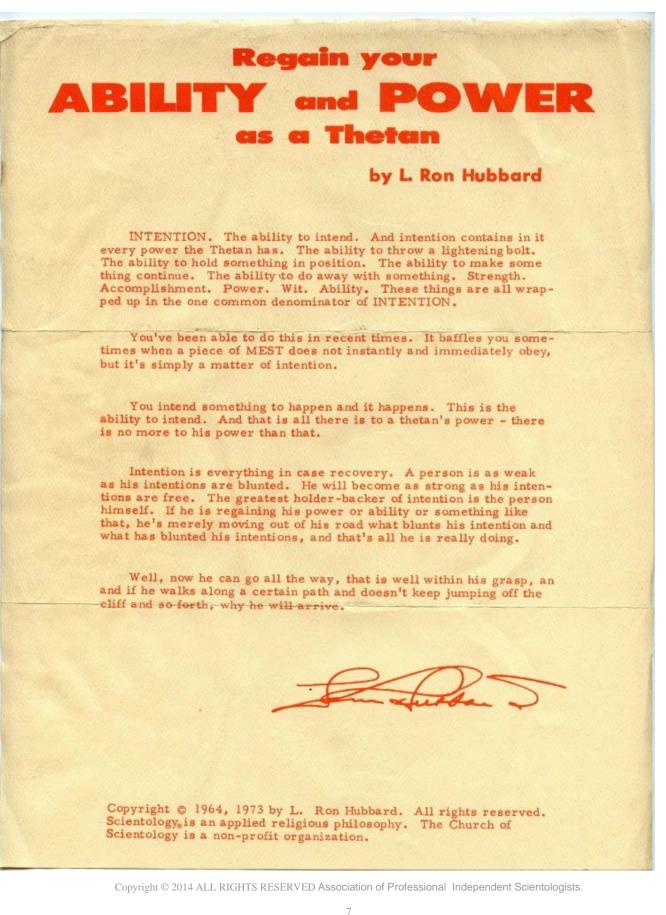
Now here's what you can do. Place ads in small magazines to sell books. Buy your books from the Distribution Centre or the HASI and remarket. Stamp your name and address in each book you sell. You're in! For you can have terrific discounts.

*And* here's what else I want you to do. Collect from whatever source, all local magazines and send them to me, HCO Washington, 1812 19th St. NW, Washington, DC, USA. I want small circulation magazines even with only local appeal. We will place ads in them and sell the books from here and you will have a Scientology community.

That's my dissemination programme for 1957. A million books sold by 1958. L. RON HUBBARD

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## THE NATURE OF A BEING

When one is associating with or attempting to guide or handle a person, it is necessary to know something of the nature of a being. If a being were a single unit, separated from all other beings, conditions and current influences, the task of understanding him would be relatively simple and philosophers would have had it all worked out long before Dianetics and Scientology.

A single-unit being responds to the most elementary and simple rules and laws you will find in Dianetics and Scientology: affinity, reality, communication and understanding; the time track; mental image pictures; the earlier incident holding the later in place; responses to matter, energy, space, time, form, as well as force; and the Axioms. On this you can rest assured. And one might even wonder why we need all

the additional bulletins and cautions and provisions and lectures.

The fact of the matter is that when one addresses a person, a human being "in the flesh," one is *not* addressing a simple being. Possibly an example will illustrate this: I had just finished giving a congress and a staff member had made some appointments for me to see people who wanted to talk to me. And, in a conference room, I was suddenly confronted by a woman who was demonstrably and actively insane. She was incoherent; she was being "pursued"; she was utterly agitated. Well, I was not then and never was in the business of treating the insane. Yet here was a situation which had to be handled if only to maintain social calm. In those days there were many techniques for exteriorizing people and so I used one of them, putting her back of her head. Promptly she went sane, calmly reviewed her problem with her husband, sensibly made up her mind what she was going to do to properly resolve the matter, thanked me and departed. For a brief time she had temporarily become a single-unit being.

I have not given the example as a lesson in what to do in such cases, for

exteriorization techniques are not reliable. But only to illustrate the complexity of people. What you see as a human being, a person, is

not a single-unit being.

In the first place, there is the matter of valence. A person can be himself or he can be under the belief that he is another person or thing entirely. This removes him a step from being a simple being.

Then there is the matter of being in a body. A body is a very complex

contrivance, quite remarkable, quite complicated. And it is also quite subject to its own distortions.

There are also the entities (as discussed in *Di*anetics: The Modern Science of Mental Health, pages 84-90, and also The History of Man, pages 13-14, 43, 75-77). These follow all the rules and laws and phenomena of single beings. And then there is the matter of influences of other people around this human being. From a single, simple being there is a progressive complication setting in as one adds all these other factors.

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The single, simple being, without any further associations, can be out of valence even miles away from other contacts.

It is the aggregate of all these factors which you address when you seek to guide or handle the usual human being.

This is also why Objective Processes are so effective—they get many of these factors all going in the same direction for once.

None of this is to say that it is impossible to handle all this. Far from it. But it does tell one why all the additional precautions (like don't overrun, like careful session procedures) are there in all those materials.

But mainly it tells you that full recoveries seldom happen fast and that cases require an awful lot of work and often for a very long time. And like the woman at the congress, one sometimes gets a sudden near magical result. The trouble with that one was that she soon went back into her head and became again a composite, even though she now did have a sane plan of action to follow.

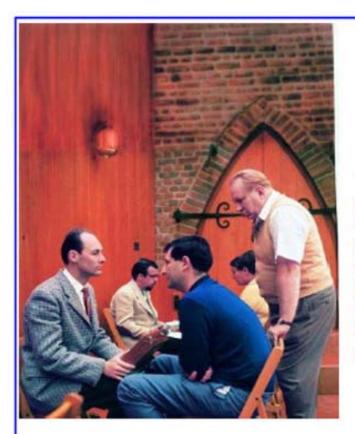
Results, if you follow the rules and laws carefully and with good heart, can be obtained. And you, knowing your business, can obtain them.

But don't become discouraged if it all doesn't happen fast and if it takes a long time. When you are handling a human being, you are handling a composite.

We did not construct the human mind or human body. We did not put the universe there to involve, oppress or complicate life. We are working with the end product of an awful lot of trials and tribulations. If we were working with single beings, it would be a nothing to do. We are not. We are working with a complexity and we can do an awful lot, far more than anyone could do before us. And our work with life has effects and influences far beyond our auditing tables. It took vast, vast numbers of years and eons for life to get that involved and complicated. Be glad that it doesn't take even a tiny fraction of that to dig it out and smooth it out with Dianetics and Scientology.

#### L. RON HUBBARD Founder

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# Auditing in 2014!

"The main thing to know about stalled cases is that cases get stalled. That is a truism that sometimes misses people. A case can be running along very nicely and suddenly cease running. Many things can happen." Lecture: 'How to Resolve Stalled cases ' 1950 by LRH

Is your case bugged? Is it stalled and not moving? Have you not gotten the benefits you expected? Are you not moving on the bridge?

APIS has highly classed standard tech certified auditors ready to audit! They are available to audit most cases including bugged and stalled cases. Make 2014 the year of moving up the bridge! Contact: <u>support@internationalfreezone.net</u> with your details today! And we will put you in touch with a standard certified auditor in your area.

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## VITAMINS

I have found that, 600 milligrams of Vitamin E (minimum) per day assists Scientology processing very markedly.

Data on Vitamin E applied to other fields is available from Webber Pharmaceuticals, Ltd., 14 Ronson Drive, Rexdale, Ontario, Canada. An excellent popular book on Vitamin E in its various uses is available from booksellers. It is Your Key to a Healthy Heart: The suppressed record of Vitamin E by Herbert Bailey, published by the Shilton Company, Philadelphia. The Shute Foundation for Medical Research, London, Ontario, Canada, pioneered the subject and will give general advice.

In Johannesburg due to high altitude, no pc may be processed who is not taking at least 600 mg per day of Vitamin E.

The apparent action of this Vitamin is to oxygenate the blood and inhibit the body from pulling in mental masses due to oxygen-energy starvation.

In areas where it is against the law to recommend vitamins this HCOB does not apply.

Vitamin E, according to Bailey, is suppressed because it cures heart disease which furnishes 50% of the revenue of the U.S. medical doctor.

I read the book by Bailey and did some experimental work with Vitamin E with interesting success. Webber Pharmaceuticals has airmailed me further literature.

It is useless, I believe, to take less than 600 mg per day and lesser doses have little or no reaction on processing. One has to take it for two or three days before it begins to have any effect.

The most direct result is quite measurable on an E-Meter. Reads of the needle become longer. Tone Arm action increases.

It works by itself but is best taken with an old -time "Guk Bomb." The formula of the "bomb" is variable but is basically 100 mg of Vitamin Bi, 15 gr of calcium, 500 mg of Vitamin C. If you add 100 mg of old-time nicotinic acid (not niacinamide) and take it daily it becomes "Dianazene" for radiation prevention. Don't include nicotinic acid in the formula with Vitamin E unless you are trying to get rid of radiation or radiation sickness. The nicotinic acid is not necessary to smoother processing and will not assist it. 100 mg of Vitamin Bi lasts for only 47 minutes so far as processing is concerned. But it helps in general tone. Vitamin E does not have a quick reaction so far as processing is concerned, one merely takes it and as the days go by processing is easier to do. It doesn't wear out in a session, but you have to keep on taking it daily.

Shutes in treatment of disease recommend 400-600 mg per day for the average sized woman and 600-800 mg for the average sized male.

It doesn't seem to matter to processing whether the Vitamin E is "Alpha Tocopherol," synthetic or what. Just any Vitamin E apparently works.

Vitamin E assists a great many ills including diabetes and may have some effect on many others.

It, even with "Guk," will not by itself release or clear anyone. When dosage is discontinued what it "cured" might relapse. But while it is being taken one feels fine and there's no reason to stop taking it.

To get the best results one should probably take 600 mg and a Guk bomb each day, preferably after eating.

verse "side effect" from taking Vitamin E but it easily (same as before Vitamin E plus any auis not fatal and this may not even be true. The diting gain) and the needle read size returns to "side effect" is said to be temporarily raised what it was before Vitamin E was used. When blood pressure.

If anyone makes this up into a single tablet be days, meter behavior improves again. won't dissolve easily in the stomach.

Dianazene (for radiation) fails utterly when all proving stones are solid. One doesn't feel like ingredients are pressed together into one tablet. repeating the experiment endlessly - it is so Vitamin E is generally available but sometimes obvious. has to be specially ordered. It is useless to buy A mental subject addressed reads longer (more it in less than 100 mg tablets. Preferably 200 reads) in the presence of Vitamin E than in its mg tablets of it should be bought. However it absence but clears more thoroughly, leaving is bought, Just be sure there's enough of it (300 less mental mass. to 600 mg). Small quantities don't produce any I only insist that persons in England on the effect at all, which is why the medicos earlier Level VI and VII Courses should use Vitamin missed its value.

Levels VI and VII it becomes quite vital.

images hard in on the body.

on less oxygen and becomes less exhausted processing does so at his or her own choice. when taking Vitamin E in sufficient quantity.

running at a temperature of 98.6 degrees F. cessing under drugs is very bad. Some vita-There is possibly less oxygen in Earth's atmos- mins, however, help. And Vitamin E is a wonphere than there was and the body runs better der. when it can better utilize what oxygen there is.

Vitamin E assists it to do this and so it doesn't L. RON HUBBARD pull in mental masses. At least that's the theo- HCOB 27th December 1963, VITAMINS ry I've been able to work out to account for the observed increase in E-Meter action in the preclear who is daily taking sufficient Vitamin E. When the vitamin is no longer administered, in

One person in a million is said to get an ad- about 24 hours the preclear begins to run less Vitamin E is again daily administered, in two

sure that the tablet is not pressed so hard that it I have not had time to do many series but the observational data is so marked that it's like

E and that Saint Hill Preclears for Grade V be Anyone's auditing can benefit from it but at put on it and only forbid pcs to be processed without it in high altitude Johannesburg.

Oxygen causes the body to attract mental im- The cost of it is the pc's. No org is to supply it. age pictures less. Carbon dioxide pulls mental Webber Pharmaceuticals, Ltd. can probably direct one to better supplies or brands of it.

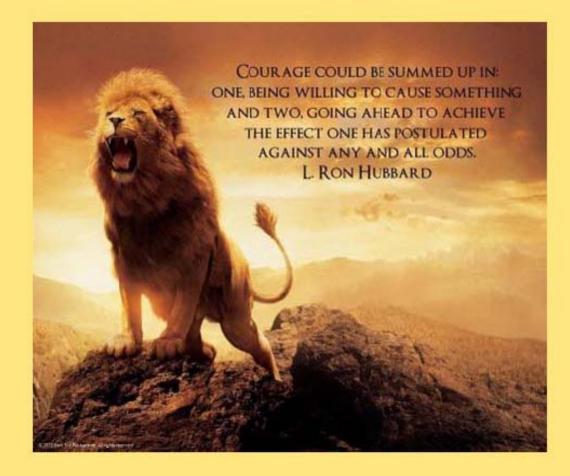
Vitamin E, oxygenating the body, acts mental- We are not in the Vitamin business or even in ly like taking oxygen. The body can go longer the health business. Anyone else using it in This HCOB is a release of scientific data.

The body is of course a carbon-oxygen engine Vitamins are food. They are not drugs. Pro-

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# Group Starter Kit for Scientologists



## A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

Get your Free Group Starter Kit today! http://independent-scientologists-association.net/start-a-group.shtml



#### **Method One Word Clearing**

I'm still having cogs from last night session. This morning while waking up I put together last night's cog of compulsively taking on responsibility to a point of overwhelm or MU with my previous cognition of protesting not being acknowledged, and the fact that I do exist, and will continue to exist, whether I'm acknowledged or treated like I don't exist (ARC Broken). Compulsively on responsibility was a way to show "how good I am" and how much I'm needed, but now I see it for what it was and I will now take on, or not take on, responsibility at my choice having the benefit of the bright light of truth. Thanks so much for being there and letting me get through the cog without interruption

#### Grade II

I feel that with the help of this processing, I have smoothed out a lot of the rough edges of living. Gone is a lot of the protest, suffering and hostility I had carried around for so long. Confession is indeed, good for the soul. Since doing this counseling, it has been easier for me to maintain high ethical standards

# Wins & Gains in the Independent Zone

What I have learned is that cases do not progress beyond their Scientology education level. A case hangs right at the point to which it has been educated in Scientology. Processing gains are parallel to education gains and the two balance. Rons Journal Dec AD 13

and to be fully honest with myself and others.

I have more room to be wrong about things and let the other person be right and have their viewpoint, even if it does not agree with mine.

My purposes in life are more responsibilityoriented and this does not feel forced on me, but easy to bear. My willingness to take responsibility is much higher than it has been in a long time.

Thanks, Loren for getting me through it. This is a very worthwhile action to have done. We did a very thorough job in the area and I now feel the freedom to pursue greater benefit for others I care about, as well as my own purposes and goals, without the feelings of guilt that were holding me back and making me feel indecisive.

#### FPRD

Wow! I'm half way through the basic auditing list on the FPRD, and this already is the coolest auditing I've ever had. I've gained priceless insight into my life. With the help of my auditor, I was able to confront my whole track. On many occasions we went early... early down the track, right to the beginning!

I've seen who I am in my native state... why I've often behaved the way I have... and why I made the decisions which have been affecting me adversely ever since.

On one occasion when I reached the bottom of the chain and blew the charge, a huge peaceful feeling enveloped me and the space around me. At the time, we had the window in the auditing room open for fresh air. And up to then, we heard the ever-present neighbourhood 'white noise' coming in... the sounds of traffic... the rustling of the leaves in the breeze... the occasional dog... construction in the far off distance... But when I blew the charge, it ALL suddenly stopped. Everything. Not a sound. Nothing moved. There was just my auditor and sure)" me in the midst of a very real, palpable sea of tranquillity.

The calmness was so pronounced that my auditor and I just looked at each other, each of us being fully aware of it. All we could do was laugh and laugh! I was so blown out, we couldn't go back in session for some time. It was the first time I've ever had an auditor tell me, "Thank you. Your TA is floating." Now it's been a week since that session, and I still feel a sense of peace that I haven't felt in eons. It's my new state, and I love it! I also feel like I have unlocked the key to all the goals which I've been trying to reach since I was a child. The key is simple, as truths are. It's 'action.' In the past, I often put things off... dream about them... thought about them... made lists... organized... put aside... planned to do them... all resulting in not getting them done.

But now for the first time, I have a renewed urge to just roll up my sleeves and "DO." I've gotten more done in one day than I have before in weeks. It's as if I'm at the tone level of 'Action.' I feel released as a being, ready to take on anything I put my mind to.

#### **SOLO II:**

"Okay – now onto my next adventure. "So much has been gained on this trip to Tom and Linda's – a rehab of my desire to use Scientology on self and others and my skill developed to audit myself. "Can hardly wait! "Thanks so much for rehabbing my respect for

LRH! "PS – thanks to (my husband) for giving me

the freedom to just come & do this w/out pres-

#### **OT I Completion**

"Wow! Thought this was impossible. Thought I couldn't do it... however, I guess I really didn't think that 'cause here I am. These steps from LRH, seemingly innocuous directions, had a zing to them!

"At times my space was as big as the store (Cosco) & when my viewpoint shifted about people & the physical universe & I went outside, I was so big I could barely control my body, and my car seemed so tiny! "But when I looked at the Grade chart & saw I had the EP (without knowing ahead of time what it was) - I knew unshakeably that I did it! Thanks to LRH, Tom, Linda and the people of Earth!

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# FREE THETA Journal of the International Freezone Association Preserve, Protect & Promote



## The Religion the Church Forgot

Whatever one says or thinks about David Miscavige, the current Chairman of the Board of the Church of Scientology, first and foremost is his gross incompetence and negligence in the running and governance of the church. In the real world he would not last five minutes as the chairman of a board, or a president or any other titled leader and would have been removed quick sharp.

The most important aspect of any leadership role is governance, in this case, non-profit governance. This can be defined as:

Non-profit governance focuses primarily on the fiduciary responsibility that a board of trustees (sometimes called directors-the terms are interchangeable) has with respect to the exercise of authority over the explicit public trust that is understood to exist between the mission of an organization and those whom the organization serves

Corporate Governance could be defined as the set of processes, customs, policies, laws and institutions affecting the way people direct administer or control a corporation.

1. The manner in which boards or their like direct a corporation

2. The laws and customs (rules) applying to

#### that direction

It also includes the relationships among the various interested parties and stakeholders concerned such as shareholders, employees, regulators, the environment and the community at large. It has as its main direction, the principal goals, purposes and mission statements as a guide to the governance.

Since Mr Miscavige's assumed control and under his charge, the Church has contracted rather than expanded.

He has changed the governance from one of enhancing and expanding the rights and wellbeing of its employees to a denial of worker rights to health and safety, fair pay, freedom from retaliation and a non-discriminatory workplace as covered by federal law and, as a consequence, has exposed himself to penalties ranging from minimal corrective measures to stiff monetary fines and, under unusual circumstances, jail and a prison sentence.

Violated the very tenets of the Church he is supposed to uphold. The tenets of the church include:

The Code of a Scientologist

The Creed of the Church

The basic purpose and goals as outlined by the founder L. Ron Hubbard.

The Credo of a good and Skilled Manager-Changed the very basics of the philosophy and practice of scientology in violation of the purposes of the philosophy and application thereof.

Demonstrated a lack of fiduciary responsibility that a board of trustee some times called directors-the terms are interchangeable) or leader of a board has with respect to the exercise of authority over the explicit public trust that is understood to exist between the mission of an organization, in this case the propagation of the philosophy and its' application, and

those whom the organization serves.

Resorted to harassment and threats of parishioners in a mafia protection racket style in order to supplement the income not now received from the non-application of the original philosophy and its application as was originally intended due to massive non delivery.

The contraction of delivery organisations around the world under his charge.

Mass disconnections and resignations of staff and volunteer workers since his assumption of the post.

In any other organisation profit or non-profit. He would have been removed for gross incompetence and likely sued in a civil court for misappropriation of funds and assets.

Unfortunately he has been able to surround himself with corporately ignorant and inexperi- Administrative Dictionary enced people who live in a perpetual state of fear and ignorance but who are so massively in agreement with him that there is little likelihood of a removal from the post other than through external legal means or if one of them

'wakes up' and takes the initiative to boot his arse out of the gate. Until then the Church will continue to slide downhill and Scientology will truly be the religion the church forgot.

This chairman of this Board is a dictator. A dictator is not a leader. A dictator is an order giver and a low toned one at that since he invariably operates as a tone level of fear or below. Of course, he will eventually go out the same way all dictators go. Feet first. It is just a question of when and how.

I can hardly wait.

References: www.businessdictionary.com/definition/ corporate-governance.html en.wikipedia.org/wiki/Governance#Nonprofit governance Scientology 0-8 **Technical Dictionary** 

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## The Purposes of the Association of Professional Independent Scientologists

Preserve the exact technology and original workable philosophy of Lafayette Ron Hubbard for future use so it is available for all mankind.

Protect the exact technology and original workable philosophy of Lafayette Ron Hubbard so it is not altered, diluted or changed in anyway but remains exactly as Lafayette Ron Hubbard issued it.

Promote the exact technology and original workable philosophy of Lafayette Ron Hubbard so it may be known by all mankind

### Join us Today!

http://independent-scientologists-association.net

Newsletter of the Association of Professional Independent Scientologists

## Expanded Know to Mystery Scale

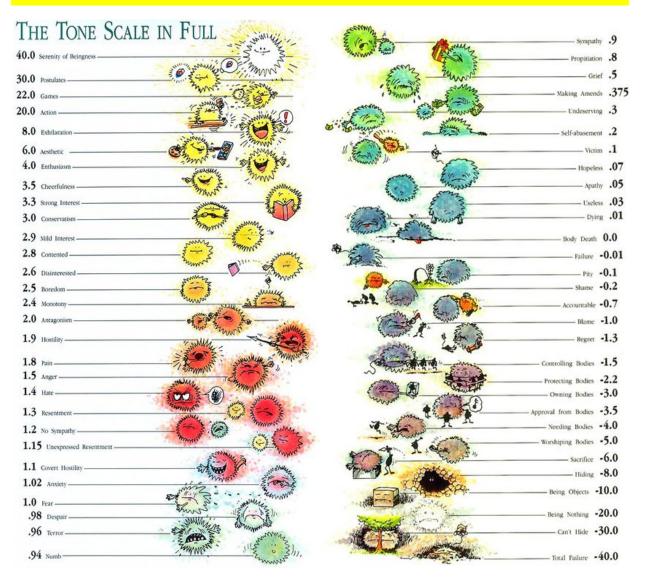
But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And be-low this, why, we would get unconsciousness.

Native State Not Know Know About Look Emotion Effort Think Symbols Eat Sex Mystery Wait Unconscious

## **The Tone Scale in Full**



#### **The Tone Scale**

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

#### Scientology 0-8. The Book of Basics

## Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."

2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.

3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)

4. Get a physical examination and if anything is chronic get it cured.

5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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## A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

#### **Exercises One, Two and Three**

#### Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

#### Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body. Use these two steps over and over. You will feel freer and see better.

#### **Exercise Three**

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

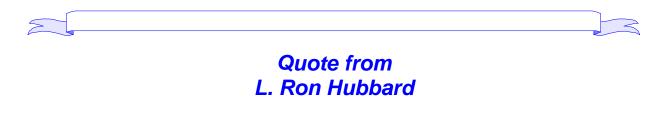
"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

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## No man is happy without a goal, and no man can be happy without faith in his own ability to reach that goal.

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